

*Who is an addict?*

*Most of us do not have to think twice about this question. WE KNOW! Our whole life and thinking was centered in drugs in one form or another-the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions and death.*

*What is the Narcotics Anonymous program?*

*NA is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.*

*There are no strings attached to NA. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.*

*We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.*

**Phone Numbers**

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**Area Service Committee**

*meets*

**First Sunday of each Month**

**2:30 PM**

**9<sup>th</sup> and Evergreen**

**Redmond, Oregon**

**(Alano Club)**

**Area Sub-Committees**

**Activities, Hospitals and Institutions,  
Phoneline, Public Relations, and Website**

*Meets*

**First Sunday of each Month**

**1:00 PM**

**9<sup>th</sup> and Evergreen**

**Redmond, Oregon**

**(Alano Club)**

**Central Oregon  
High Desert Area**

**Narcotics Anonymous**

**Meeting Schedule**

**June 2008**

**Helpline**

**541-416-2146**

**[www.centraloregonna.com](http://www.centraloregonna.com)**

**Sunday****7:00 PM Bend OPEN** Step/NSBasic Serenity Group  
Central Oregon Fellowship Hall  
225 Northeast Thurston Avenue**Monday****6:00 PM Redmond CLOSED** DISC/NSLadies in Harmony Group  
Lutheran Zion Church  
1113 Southwest Black Butte Boulevard  
Annex**7:00 PM Redmond OPEN** DISC/NSWithout Dope There's Hope Group  
Alano Club  
446 Southwest 9th Street  
Upstairs  
(9th and Evergreen)**7:00 PM Bend OPEN** DISC/NS - 2Blind Faith Group  
1st Lutheran Church  
231 North West Idaho Street  
(corner of Wall St and NW Idaho)**7:00 PM Madras OPEN** DISC/NS - 1Getting by Without Getting High Group  
Jefferson County Corrections Office  
75 Southeast C Street Suite D**Tuesday****7:00 PM La Pine OPEN** DISC/NS - 1Don't be Late Group  
La Pine Water District  
51490 Hinkle Way**7:00 PM Bend OPEN** DISC/NS - 2Just for Today Group  
Church of Christ  
554 Northwest Newport Avenue**8:30 PM Prineville OPEN** DISC/NSAcceptance Faith & Commitment Group  
Rebels Roost  
396 East 2nd Street**Wednesday****6:30 PM Sisters OPEN** BT/DISC/NS - 1What's My Line Group  
Tamarack Village Community Room  
555 North Larch Street  
(Please park on the street)**7:00 PM Bend OPEN** CAN/DISC/NSWednesday Candlelight  
Central Oregon Fellowship Hall  
225 Northeast Thurston Avenue**7:00 PM Redmond OPEN** DISC/NS - 1Primary Purpose Group  
Alano Club  
446 Southwest 9th Street  
(9th and Evergreen)**8:30 PM Prineville OPEN** DISC/NSAcceptance Faith & Commitment Group  
Rebels Roost  
396 East 2nd Street**Thursday****7:00 PM Madras OPEN** Spanish/DISC/NSLatinos Con Un Mejor Destino Grupo  
Madras Library  
241 Southeast 7th Street**7:00 PM Bend OPEN** DISC/NSGirls Night Out Group  
Healey Heights  
1900 North East Bear Creek Road**7:00 PM Bend OPEN** DISC/NS - 2Happy Joyous & Free Group  
United Methodist Church  
680 Northwest Bond Street  
(At Kansas Street)**7:00 PM Redmond OPEN** DISC/NSCuz Your Worth It Group  
Bestcare  
676 Northeast Negus Road**7:00 PM La Pine OPEN** DISC/NS - 1Don't be Late Group  
La Pine Water District  
51490 Hinkle Way**8:30 PM Prineville OPEN** DISC/NSAcceptance Faith & Commitment Group  
Rebels Roost  
396 East 2nd Street**Friday****12:00 PM Bend OPEN** DISC/NS - 1Dopeless Hope Fiends Group  
Pfeifer and Associates  
23 Northwest Greenwood Avenue  
(Access entrance through the alley in the back.)**7:00 PM Madras OPEN** DISC/NSRecovery is Then Possible Group  
Lutheran Church  
395 South East C Street**7:00 PM Bend OPEN** DISC/SPK/NS - 2Thank God it's Friday Group  
Cascade Covenant Church  
1155 Southwest Division Street  
Community Room**7:00 PM Redmond OPEN** DISC/SPK/NSAbove the Influence Group  
Alano Club  
446 Southwest 9th Street  
(9th and Evergreen)**8:00 PM Prineville OPEN** DISC/NSHigh Desert Group  
Crook County Library  
175 Northwest Meadowlakes Drive**Saturday****10:00 AM Bend OPEN** DISC/NS - 1Saturday Morning Recovery Group  
Bethlehem Inn Homeless Shelter  
3705 North Highway 97  
Dining Room**Saturday****5:00 PM Bend OPEN** BT/DISC/NSSaturday Night Basic Text Group  
Church of Christ  
554 Northwest Newport Avenue**7:00 PM La Pine OPEN** DISC/NSSaturday Night Live Group  
Lutheran Church  
52315 Huntington Road**7:00 PM Redmond OPEN** DISC/STEP/NSRedmond Step by Step Group  
Saint Lutheran Annex  
152 Southwest 12Th Street  
Last Saturday of month is a birthday meeting

Open NA meetings welcome addicts and interested observers; closed NA meetings welcome addicts only. 1=1 Hour no break 2=1 hour 15 min no break All others are 1 hour 30 Min

BEG=Beginner/Newcomer BT=Basic Text CAN=Candlelight CPT=12 Concepts CW=Children Welcome DISC=Discussion/Participation GL=Gay/Lesbian IP=IP Study IW=It Works Study JFT=Just For Today Study LIT=Literature Study M=Men  
MED=Meditation NS=Non-Smoking QA=Questions & Answers RA=Restricted Access SMOK=Smoking SPK=Speaker STEP=Step SWG=Step Working Guide Study TOP=Topic TRAD=Tradition VAR=Format Varies W=Women Y=Young  
People